

NOTICE AND AGENDA MEETING

The Rail Trail Council for the Northwest Vermont Rail Trail will be meeting on
Monday, July 20, 2026 at 6:00 PM
Remote option below, or in person at 75 Fairfield Street, St. Albans

Information on how to access the remote meeting:

By computer, smartphone, tablet, or other device: Click on the Zoom meeting invite-
<https://us02web.zoom.us/j/81389184737>

You may be prompted to enter a meeting ID: 813 8918 4737

- Passcode: 687017
- By telephone: Dial +1 646 558 8656. When prompted enter the meeting ID: 813 8918 4737. Regular toll call/cell phone charges may apply.

All meeting participants will first enter a virtual “waiting room” until the meeting organizer opens the meeting.

Please review our "Informational Handout for Remote Public Meetings" to understand how these electronic meetings will be managed. If you wish to make a public comment but do not have the ability to comment remotely during the meeting, please email your comment(s) to Amy Adams at aadams@nrpcvt.com

To ensure smooth access, we recommend that you test your remote meeting software in advance of the meeting. **If you have difficulty accessing the meeting, please email aadams@nrpcvt.com**

Agenda:

1. **Introductions**
2. **Minutes** – May 18, 2026 minutes enclosed
3. **Financial Report** - 2nd quarter 2026 financial report enclosed
4. **Bench/Picnic Table/Bike Rack** – relocation of items from Berkshire/Richford
5. **MVRT Management Plan Comment Period ends July 31st (Part 1 - details emailed)**
6. **MVRT Management Plan (Part 2 –details emailed) Council Leads/Priority**
7. **Master License Agreement (MLA)**
8. **Updates**
 - **Business Directory Draft (MVRT)** enclosed
 - **Sheldon Junction Trailhead Study, Swanton Trailhead, Highgate & Other**
 - **LVRT/MVRT**
 - **VAST (M. Farmer)**
9. **Other Business**
10. **Next Meeting** – September 21, 2026

If you cannot attend the meeting, please notify Amy Adams at aadams@nrpcvt.com.

In accordance with provisions of the Americans with Disabilities Act (ADA) of 1990, and Vermont's Open Meeting Law, the NRPC will ensure public meeting sites are accessible to all people or provide an opportunity to request accommodations. Requests for free interpretive or translation services, assistive devices, designation of a physical meeting location, electronic access to a meeting, or other requested accommodations, should be made to Amy Adams,

7/15/2026

NRPC Title VI Coordinator, at 802- 524-5958 or aadams@nrpcvt.com, no later than 2 business days prior to the meeting for which services are requested.

INFORMATIONAL HANDOUT FOR REMOTE MEETINGS

Remote Public Meetings

All public body meetings for the Northwest Regional Planning Commission will be conducted remotely via electronic means for the duration of Governor Scott's State of Emergency declaration. Whenever feasible, the public will also be able to access and participate in the remote meetings by dialing in through telephone.

Accessing a Meeting

Please refer to each notice and agenda for information on how to access a remote meeting. Please note that whether you join by telephone, computer, or device, you may be put on hold or in a waiting "room" until granted access to the meeting. You also may be muted or restricted from using any chat function until the public comment portion of the meeting.

Participation

All meetings will be conducted in accordance with the respective "Rules of Procedure" of each public body, to the extent practicable. The public body will follow its agenda and allow public attendees to participate through voice (audio) means where feasible or alternatively using any chat function during the designated public comment periods on the agenda and at other applicable times as needed.

Initially, the meeting's host/organizer will mute all participants that are not members of the public body. This is necessary to control background noise. The host/organizer will then unmute participants or allow participants to unmute themselves when invited to speak by the Chair of the public body.

Please review the following guidelines:

- The Chair will invite comment:
 - during the time designated on the agenda for public comment;
 - after the public body discusses each agenda item;
 - before the public body takes action;
 - during any open public comment period, if applicable; and
 - other times as determined by the public body.

- When a participant/attendee is unmuted, they must state their name before commenting.

When the public body adjourns the meeting, the host/organizer will end the electronic meeting by turning off/closing the remote meeting software. Attendees will be automatically disconnected.

Minutes and other public records that were part of the meeting will be made available in accordance with VT's Open Meeting and Public Records Laws.

To learn more about Remote Public Meetings and the Open Meeting Law, please visit the Secretary of State's Municipal Assistance webpage at <https://sos.vermont.gov/municipal-division/laws-resources/covid-19-response/>.



NORTHWEST VERMONT RAIL TRAIL COUNCIL

c/o Northwest Regional Planning Commission
75 Fairfield Street
St. Albans, VT 05478
Phone: 802-524-5958 • Fax: 802-527-2948



APPOINTED

Berkshire-MVRT

Angel Larose

Enosburg Falls-MVRT

Ellen Stanley

Enosburgh Town-MVRT

Vacant

Richford-MVRT

Vacant

St. Albans City-MVRT

Richard Stahl

St. Albans Town-MVRT

Robert Bessette

Fairfield-MVRT/LVRT

Jane Williams

Sheldon-MVRT/LVRT

Bryan Derry

Swanton-MVRT/LVRT

Joel Clark

Bakersfield-LVRT

Vacant

Fletcher-LVRT

Aimee Tinker

Highgate-LVRT

Scott Fitzstephens

VAST

Mike Farmer

At Large

Andy Crossman

David Stanley

Randy Chadburn

Diane Leary

Ex-Officio

* VT Agency of
Transportation

*Northwest Regional
Planning Commission

*VT Dept. of Forests,
Parks, & Recreation

*Franklin County Industrial
Development Corporation

Minutes of Council Meeting held Monday, May 18, 2026

Present/Introduction: Ellen Stanley, Jane Williams, Richard Stahl, Bryan Derry, Jackie Cassino (VTrans), Dave Stanley, Mike Farmer, Joel Clark, Andy Crossman, Angel Larose, Scott Fitzstephens, Matt Walker, Bill Gray (VTrans), Richard Amore (Local Motion), Nicole Draper (Swanton Rec), Amy Adams, Planning Commission- St. Albans City-Chip Sawyer, Paul Olshan, Ray Stahl, Michael Nicholas, Michael Gawne, Janis Appel, Ryan Cleare and Dan Rohrbach.

Chair Dave Stanley called the meeting to order at 6:02 p.m.

Meeting Minutes

R. Stahl moved to accept the minutes of March 9, 2026; seconded by *A. Crossman*.

Motion passed.

Financial Report - E. Stanley presented the 1st quarter 2026 financial report (Jan-Mar 2026).

R. Stahl moved to accept the 1st quarter report as presented; seconded by *D. Stanley*.

Motion passed.

St. Albans City Trailhead & Extension – Chip Sawyer gave an update on the new parking area plan, shared the plans with the cost estimate of \$510,000, with a funding gap of \$250,000. The City applied for a Recreation Trail Program grant which was not granted. Ultimately, the project may be scaled back due to funding. Concerns were discussed with the Route 7 crossing, Jackie Cassino offered to meet at an upcoming St. Albans City Planning Commission meeting to review the plans for this crossing and address any questions the PC may have.

Local Motion LVRT Mini Grants – Richard Amore gave an overview of what Local Motion offers and their mission for statewide pedestrian and bicycle organization focused on making it safe, accessible, and fun to bike, walk, and roll in Vermont. There are resources available from the dissolution of the *Friends of the Lamoille Valley Rail Trail Group* which will be deployed this summer. Aims to strengthen connections between rail trail and community centers/main streets. Application Process: A brief survey/application form will be sent out in the next couple of weeks. Support will be provided for 1-2 communities per county.

MVRT Management Plan Status – J. Cassino updated that the draft management plan for *MVRT* will be circulated and hosted on the *Agency of Transportation (AOT)* website for additional comments, which will be added an appendix.

Updates

Green Up Day Recap – Angel Larose generally cleaner than previous year, but *Richford Trailhead* had an issue with discarded doggy bags. Discussion about signage or deterrents for dog waste disposal.

LVRT Pause Places – J. Cassino shared an opportunity for funding for a corridor-wide planning and feasibility project for rest stops/pause places primarily focused along the LVRT but potential for *MVRT* if communities express an interest. Examples: benches, bike racks, interpretive signs, shade trees, art (historic, natural resources). Not intended as parking areas. Each community identifies 3 locations (natural, scenic, historic areas/vistas), coordinates locations corridor-wide, prioritizes based on distance between trailheads/villages. Lead for the project is Lamoille County Planning Commission, pre-application due mid August, notify LCPC by late June of interest. Match requirement 20-50% local match.

Sheldon Junction Trailhead – AOT awarded contract to *Stantec* for design and engineering phase; work expected to start early June.

Swanton Trailhead Community Grant (LVRT) – Joel Clark updated that the trail is well-used, attracting visitors from other states. Event was well-organized on May 16th. Great attendance.

Highgate- LVRT Level 2 Trailhead – No updates on *Highgate* improvements, though a Recreational Trails Program grant was received last year for the parking area.

Franklin County Trails Alliance VOREC Grant – A. Crossman updated they received memorial fund for a bike scholarship for kids. Planning a bike rodeo safety event with the police department. Discussion on e-bike safety education, especially for new riders.

Northern Forest Canoe – Paddle/Pedal Event July 11th – Karrie Thomas reached out for volunteers for the day of the event to help with traffic, sign in, etc. Reach out to her at karrie@northernforestcanoetrail.org.

LVRT/MVRT – B. Gray updated there is a sinkhole in Sheldon (MVRT) off from Sweet Hollow Road AOT is addressing. Should be minimal impact to rail trail users, one lane of traffic will remain open during the week, construction anticipated this field season. Mowing is scheduled as usual, starting first week of June on the *MVRT*, then northern/western *LVRT*.

VAST- M. Farmer updated snow has cleared, quiet currently. Swanton grooming, discussion with Snowmobile Club about extending groomer turnaround in Swanton. They are interested, potentially using opposite spur or cutting a U-turn in woods

Other Business – Trail Ambassador Program: J. Cassino updated the Council that AOT is planning a soft launch of the program onto the *MVRT* this season. Orientation for new Ambassadors is being planned in Swanton, date TBD. Basic training, supplies for volunteers. Details and application available on the VTrans rail trail webpage under "Get Involved."

NEXT MEETING- July 20, 2026

ADJOURNMENT

The meeting adjourned at 7:07 pm.

Minutes Approved: _____

Amy Adams (NRPC)

From: Ellen Stanley <estanley802@gmail.com>
Sent: Thursday, July 9, 2026 6:00 PM
To: Amy Adams (NRPC)
Subject: Treas. Q2

Q2 - 2026	
April 1 - June 30	
Income	
Interest	\$1.55
Expenses	
Account Balances June 30	
RT Checking	\$3,184.62
RT MM Savings	\$20,886.88
Total \$	\$24,071.50

BERKSHIRE



Pine Cone Snack Bar

(802) 933-6630 | 1692 E Berkshire Road | Berkshire
website: facebook.com/pineconesnackbar



AirBNB Super Host - Kristen Smith

(802) 782-1529 | 92 Noble Road | Berkshire
website: airbnb.com/rooms/1111542020316593909

ENOSBURG FALLS



Enosburg Falls Country Club

(802) 933-2296 (proshop) | 53 Elm Street | Enosburg Falls
website: efccvt.com/

The Dairy Center Bowling Alley

(802) 933-2030 | 2445 Sampsonville Road | Enosburg Falls
website: dairycentervt.com/facilities/bowling-center/



Missisquoi Magic Tent Glamping

827 Missisquoi Street | Enosburg Falls



Bumblebee Bistro/Barn Owl Country Store

(802) 528-6529 | 264 Main Street | Enosburg Falls

Enosburg Falls Country Club Restaurant

53 Elm Street | Enosburg Falls

Enosburg House of Pizza

(802) 933-5200 | 88 Main Street | Enosburg Falls

Flip Side Nutrition

(802) 309-9788 | 355 Main Street | Enosburg Falls

Kathy's Tavern Food/Drink

(802) 933-5363 | 57 Depot Street | Enosburg Falls
website: facebook.com/kathystavernVT/

Limitless Nutrition LLC

(802) 210-5826 | 366 Main Street | Enosburg Falls
website: facebook.com/limitlessnutritionllc/

Main Street Delight

(802) 933-6620 | 153 Main St | Enosburg Falls

Mandarin Garden

(802) 933-8888 | 162 Main Street | Enosburg Falls

Park Side Grill

200 Sampsonville Road | Enosburg Falls
website: facebook.com/parksidegrillvt

Rustic Roots Pizza and Pasta

(802) 933-3655 | 383 Main Street | Enosburg Falls

The Flying Disc

(802) 933-2994 | 342 Main Street | Enosburg Falls
website: facebook.com/TheFlyingDisc



Enosburgh Historical Society

(802) 933-4421 | 55 Depot Street | Enosburg Falls
website: facebook.com/EnosburghHistoricalSociety

The Opera House

(802) 933-6171 | 123 Depot Street | Enosburg Falls
website: enosburgoperahouse.org/



Dairy Center Motel & Restaurant

(802) 933-2030 | 2445 Sampsonville Road | Enosburg Falls
website: dairycentervt.com

Enosburg Inn and Suites

(802) 933-4403 | 303 Main Street | Enosburg Falls
website: enosburginnandsuites.com/

Quincy Hotel

(802) 933-8300 | 57 Depot Street | Enosburg Falls
website: quincyhotelvermont.com/



Comb & Scissors

(802) 933-8000 | 383 Main Street | Enosburg Falls

Modern Touch Salon

(802) 933-6144 | 249 Main Street | Enosburg Falls
website: moderntouchsalon.com

TFZ 2

(802) 933-8765 | 59 Jayview Drive | Enosburg Falls
website: thefitnesszonevt.com



Bates Farm Home & Garden

(802) 933-4313 | 174 Depot Street | Enosburg Falls
website: batesfhg.com/

Boston Post Dairy

(802) 933-2749 | 2061 Sampsonville Road | Enosburg Falls
website: bostonpostdairy.com

Bs Flowers

(802) 933-3075 | 303 Main Street | Enosburg Falls
website: bsflowersvt.com

Green's Ace Hardware

(802) 933-7500 | 6 Railroad | Enosburg Falls
website: acehardware.com/store-details/08216

Poppy's Rail Trail Flowers and Boutique

(802) 933-3075 | 33 Depot Street | Enosburg Falls
website: poppysrailtrail.com

The Mighty Oak

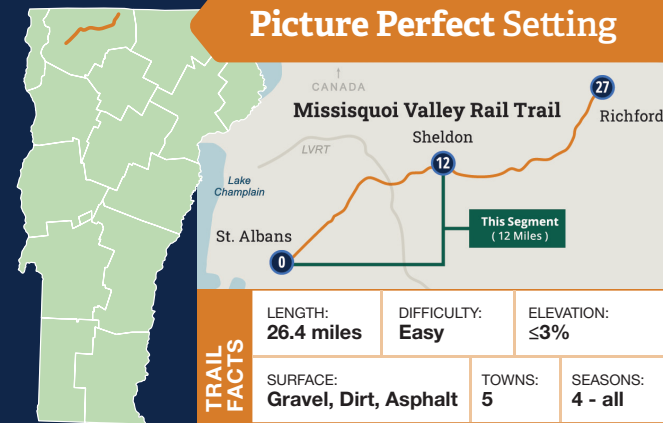
(802) 933-2855 | 63 Archambault Street | Enosburg Falls
website: facebook.com/TheMightyOakinEnosburg



Hartman's Farm

(802) 933-2902 | 7530 VT-105 | Enosburg Falls
website: facebook.com/hartmansfarmstand

Picture Perfect Setting



MISSISQUOI VALLEY RAIL TRAIL (MVRT)

PICTURE PERFECT SETTING

With its bucolic setting, quiet river nooks, booming mountain views, and quintessential New England villages, the Missisquoi Valley is one of Vermont's true treasures. The 26.4-mile trail wanders through the villages, farms, forests, fields, and wetlands of Franklin County at a railroad's pace: slow, steady grades with sweeping bends.

RAIL TRAILS MEAN BUSINESS! Trail users look beyond the trail—they want places where they can eat, shop, relax, and stay. The Trail Friendly Business Program (TFB) connects visitors and residents with local businesses that cater to the needs of trail users.



www.railtrails.vermont.gov

Vermont Agency of Transportation

219 North Main Street

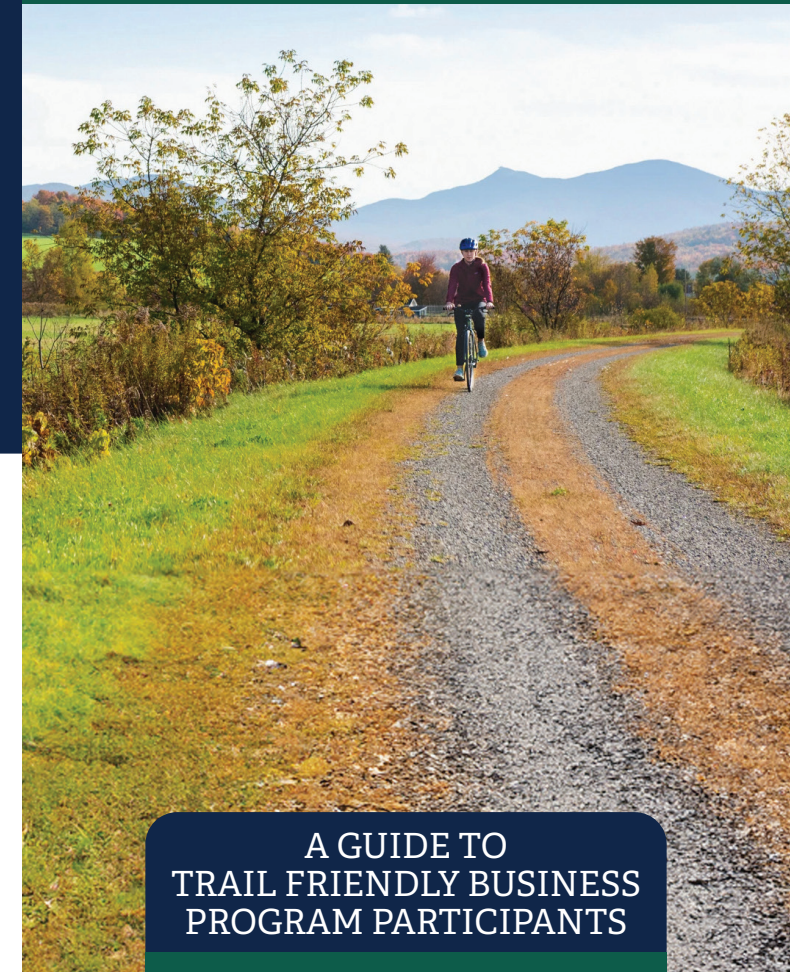
Barre, VT 05641



BUSINESS DIRECTORY



MISSISQUOI VALLEY



A GUIDE TO
TRAIL FRIENDLY BUSINESS
PROGRAM PARTICIPANTS

FRANKLIN

 **Lake Carmi State Park**
(802) 933-8383 | 460 Marsh Farm Road | Franklin
website: fpr.vermont.gov/lake-carmi-state-park

Mill Pond Campground
75 Mill Pond Road | Franklin
website: millpondcampground.com

RICHFORD

 **Greenwood Bakery & Deli**
(802) 848-9000 | 101 Main Street | Richford

Mokah's Restaurant & Pub
(802) 848-3393 | 14 Province Street | Richford
website: mokahs.com

Thirsty Burger
(802) 848-2056 | 5 River Street | Richford

 **Pinnacle Jolley**
(802) 848-3886 | 308 S Main Street | Richford

Richford Gulf Gas/Convenience
(802) 848-7800 | 301 S Main Street | Richford

Sunoco Richford
(802) 848-3550 | 75 Main Street | Richford

 **Main Street Market**
(802) 848-2148 | 44 Main Street | Richford
website: mainstmarket.org

 **Richford Historical Society**
(802) 848-3618 | Main Street | Richford

 **Grey Gables Mansion B&B**
(802) 848-3625 | 122 River Street | Richford
website: greygablesmansion.com

 **NOTCH Pharmacy**
(802) 255-5530 | 44 Main St #210 | Richford
website: www.notchvt.org

SHELDON

 **Sheldon Mini Mart**
(802) 933-5533 | 2824 VT-105 Sheldon Springs | Sheldon
website: facebook.com/sheldon.minimart

 **The Abbey Pub and Restaurant**
(802) 933-2223 | 6212 VT Route 105, Enosburg Falls | Sheldon
website: theabbeyvt.com

 **Due North**
(802) 285-2053 | 206 Skunks Misery Road | Sheldon
website: duenorthwinery.com

ST. ALBANS

 **14th Star Brewing Co**
(802) 528-5988 | 133 N Main Street | St. Albans
website: 14thstarbrewing.com

Black Radish
(802) 782-8183 | 133 North Main Street #7 | St. Albans
website: facebook.com/blackradish.14thstar/

Café Monette
(802) 782-8079 | 97 North Main Street | St. Albans
website: cafemonettevt.com

Catalyst Coffee
(802) 383-4404 | 10 Lake Street Suite 2 | St. Albans
website: catalystcoffeebar.com

Eastern Dragon
(802) 527-9800 | 16 S. Main Street | St. Albans
website: easterndragonvermont.com

Feldmans Bagels
(802) 582-4540 | 133 North Main Street | St. Albans
website: feldmans-bagels.com

From Scratch
(802) 752-4131 | 70 South Main Street | St. Albans
website: facebook.com/FromScratch802/

Jeff's Main Seafood
(802) 524-6135 | 65 N Main Street | St. Albans
website: jeffsmaineseafood.com

Kaiju Kitchen
15 Center Street | St. Albans
website: kaijukitchen.com

Los Jefe's
(802) 528-5971 | 36 S. Main Street | St. Albans
website: losjefes.us/

Lucky Buffet
(802) 527-8388 | 101 Lake Street | St. Albans
website: lucky-buffet-vt.hub.biz

Maple City Diner
(802) 528-8400 | 17 Swanton Road | St. Albans
website: facebook.com/MapleCityDiner

 **Mimmos Pizzeria**
(802) 524-2244 | 22 S Main Street | St. Albans
website: mimmositalian.com

Nelly's Pub and Grill/Lacasa Burrito
(802) 528-5945 | 51 Federal Street | St. Albans
website: facebook.com/nellysvt

Red House Sweets
(802) 393-8036 | 10 Lake Street Suite 1 | St. Albans
website: redhousesweetsvt.com

Routine Nutrition
(802) 309-9788 | 20 Swanton Road | St. Albans
website: facebook.com/routinenutrition22/

St. Albans Diner
(802) 528-8505 | 8 Swanton Road | St. Albans

The Traveled Cup
(802) 524-2037 | 94 N Main Street | St. Albans
website: traveledcup.com

Tatros Sandwich Shop
(802) 524-7444 | 14 Kingman Street | St. Albans
website: facebook.com/tatrossoupssandwich

Tim's Place
(802) 782-8417 | 51 S Main Street | St. Albans
website: timsplacevt.com

Trailside Baking Company
(802) 828-2070 | 144 Sheldon Road | St. Albans
website: trailsidebakingcompany.com

Twiggs American Gastro Pub
(802) 524-1405 | 28 N Main Street | St. Albans
website: twiggsvt.com

 **Harvest House**
(802) 933-3550 | 128 North Main Street | St. Albans

Rail City Market
(802) 524-3769 | 8 South Main Street | St. Albans
website: railcitymarket.com

 **St. Albans Museum**
(802) 527-7933 | 9 Church Street | St. Albans
website: stamuseum.org

 **Franklin County Regional Chamber of Commerce**
(802) 524-2444 | 2 North Main Street | St. Albans
website: fcrccvt.com

 **Bootlegger Bikes**
(802) 782-8747 | 82 North Main Street | St. Albans
website: bootleggerbikes.com

Eloquent Page
(802) 527-7243 | 70 North Main Street | St. Albans
website: theeloquentpage.com

Little Little
(802) 528-8353 | 81 North Main Street | St. Albans
website: littlelittlevt.com

ReMarket
46 North Main Street | St. Albans
website: remarketvt.com

Spotlight Vintage
20 North Main Street | St. Albans
website: spotlight-vintage.com

Time Capsule Rewind
(802) 214-8687 | 18 Kingman Street | St. Albans
website: timecapsulerewind.com

SWANTON

 **Mother Hubbard's Bakery Deli**
(802) 527-0777 | 19 Bushey Road | Swanton

MISSISQUOI VALLEY

 **Northern Forest Canoe Trail Campsite**
(802) 496-2285
website: northernforestcanoetrail.org

