

TRAIL TRACKS



Fall 2014

Sat., Oct. 11 Outing

The Rail Trail Council is planning an outing in the Newport, VT area and also extend into Quebec. Join us for a bike ride or walk on Saturday, October 11, 2014!

We will meet at 9:30 am at the Eastside restaurant in Newport (47 Landing St.). From there is it about 2 miles to the Beebe Spur rail trail, 4 miles along the Beebe Spur, a mile or so along a paved road, then 20 miles along the Tomifobia rail trail which is in Quebec. The total distance is 19 miles one

way, or 38 miles return. Those wishing to do less can turn around at any time. This route is not a loop.

Please bring your own lunch and don't forget passport or similar identification for the border crossing into Canada. Sun. Oct. 12 will be the rain date.

Also, please RSVP to Cynthia so we don't start without you! (802) 933-8851 or cynthiascott@myfairpoint.net

Introducing our New Mobile App!



Missisquoi Valley Rail Trail Mobile App Released!

The Missisquoi Valley Rail Trail is a 26.4-mile trail from St. Albans, VT to Richford, VT. Whether you walk, ski, snowmobile or ride, a trip on the Missisquoi Valley Rail Trail takes you into the heart of Northern Vermont's agricultural working landscape and vibrant villages.

This new mobile app provides visitors with all the information they need to locate and enjoy this beautiful trail. It includes interactive trail maps, trail events, newsletters, videos and much more.

Download your free copy today!



Exciting news! Thanks to the Northwest Regional Planning Commission, the MVRT now has a free downloadable mobile app available in Apple and Android app stores. The NRPC was able to undertake this project through their annual transportation work program with VTrans. The NRPC hired Mead Web Design in Hathorne, MA to complete the work.

In addition to having a zoomable trail map, description of the trail, and list of services available, users will be able to report problems, send us

photos, and make donations via the app. You can find the app by searching for Missisquoi Valley Rail Trail in both app stores.

Developed by Mead Mobile Apps for the Northwest Regional Planning Commission with funding from the Vermont Agency of Transportation and the Federal Highway Administration.

MVRT Video



Tim Lawrence and Aries while filming on the MVRT

This past May, videographer Tim Lawrence of IMR Films in Chester, VT made a 3-part video of the MVRT for the Council. Segment 1 covers St. Albans to Sheldon Junction, Segment 2 covers

Sheldon Junction to Enosburg Falls, and Segment 3 covers Enosburg Falls to Richford.

You can view Tim's walk on the trail with his dog Aries on Youtube (Segment 01 <http://youtu.be/z54g56l8-YM>, Segment 02 <http://youtu.be/rMpl78-MHYY>, Segment 03 <http://youtu.be/xBOMsdZtal0>) or on our website www.mvrailtrail.com

Fit Family Day

This year's Fit Family Day took place in Enosburg Falls on Sat., Sept. 13. We again partnered with the Enosburg Community



Council member Alisha Sawyer staffed our Fit Family Day booth in Enosburg Falls

Recreation Committee to hold a variety of activities to encourage young children to be fit and safe while walking and bicycling. The Lincoln Park venue was a great idea for having all the various activities centrally located.

Half-Marathon on MVRT



Participants in the half-marathon during St. Albans Raid celebrations

As part of the 150th Commemoration of the St. Albans Raid, a half-marathon was held in part on the MVRT on Sunday, Sept. 21. It was a perfect day to be enjoying the Rail Trail and a perfect venue for the run! Thanks to Don Mueller for the photo.

Mail Preferences

Let us know your preferred format for receiving the MVRT newsletter. We would be happy to send it to you by regular mail or by e-mail, your choice.

If we do not hear from you, we will assume you are happy with the format you are presently receiving.

Contact us at (802) 524-5958 or e-mail aadams@nrpcvt.com

Trail Maintenance

Many thanks to VTrans District 8 for their on-going diligence in maintaining the MVRT. We had several trail surface issues this past season, with the failed culvert in Sheldon near mile marker 11 being the most serious and which required closing that section of trail for a short time in May. District 8 also took care of a rather large hole in Berkshire near mile xx as well as filling the washout at the Mill St. crossing in Sheldon, and mowing the shoulders.



A failed culvert beneath the MVRT closed the Trail for a couple of weeks in May

In addition to District 8's work, we are grateful to Council member Dave Stanley for weed-whacking around the benches and tables, and to Council member Don Mueller for repairing the sign-in boxes and working with the Boy Scouts to install a new picnic table at the St. Albans parking area. Thank you one and all for your hard work!

Friends of the MVRT

Thank You to all of our friends for your continued support of the Trail and the Council:

Lawrence Logan

Carmen Lanoue

Mary Stueber

Mike LaFontaine

Albert Perry

Abe & Jean Brown

Janet Cheffins

Madeline McDermott-Miller

Steven Bourgeois

Bryant Andrews

Louis Bresee

Scott Christiansen

Chapin Spencer & Rebecca Grannis

Patricia Lariviere

Marlene & Francis Thibault

Ann & Earl Sanft

Karen Drennen

Don Mueller

George & Virginia Lewis

Al Louis (donation in recognition of Raymond Larose)

Lamoille Valley Rail Trail Management Plan Public Meeting

The Vermont Association of Snow Travelers (VAST), the organization working to build the Lamoille Valley Rail Trail (LVRT) announces a public meeting to review changes made to the LVRT Management Plan. As a part of the federal grant VAST received, and their partnership with VTrans to help construct the trail, a management plan is required to be in place and to be updated periodically.

This meeting is ONLY to review the management plan and voice any opinion, or to answer any questions you may have. The meeting is free to attend and open to the public. If you would like to attend the meeting, it will be held at three Vermont Interactive Television Station (VIT) locations. The meeting is from 5 to 6 pm on November 5th at Johnson State College, Lyndon State College and Bellows Free Academy (St. Albans). If you have questions, call or e-mail cindy@vtvast.org, (802) 229-0005, ext. 11.

Northwest Vermont Rail Trail Council
c/o Northwest Regional Planning Commission
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The Missisquoi Valley Rail Trail

Farms, Forests, Fields, and Communities: Come Harvest Our Agricultural Heritage!